



# Primary School Children Sport Survey 2006

Please complete all sections of this questionnaire

**Q.1** Are you:  
PLEASE TICK ONE BOX ONLY (8)

A Boy  1

A Girl  2

**Q.2** How old are you?  
PLEASE TICK ONE BOX ONLY (9)

7  1

8  2

9  3

10  4

11  5

**Q.3** Do your parents play any sports?  
YOU MAY TICK MORE THAN ONE BOX (10m)

My mother does  1

My father does  2

No, neither of them do  3

**Q.4** How do you usually travel to school?  
PLEASE TICK ONE BOX ONLY – Tick the one that you use most often (11)

or for the longest time

Walk  1

Cycle  2

By car  3

By bus  4

Other (WRITE IN)  5

\_\_\_\_\_

**Q.5 Normally, how long does it take you to travel from your home to your school?**

PLEASE TICK ONE BOX ONLY

(12)

- Around 5 minutes  1
- Around quarter of an hour  2
- Around half an hour  3
- More than half an hour  4
- Don't know  5

**Q.6 Since last summer, have you used any of the following for sport or exercise?**

YOU MAY TICK MORE THAN ONE BOX

(13-14m)

- |                                     |                            |                                      |                            |
|-------------------------------------|----------------------------|--------------------------------------|----------------------------|
| Playground <u>outside of school</u> | <input type="checkbox"/> 1 | Swimming pool                        | <input type="checkbox"/> 6 |
| Park                                | <input type="checkbox"/> 2 | Tenpin bowling alley                 | <input type="checkbox"/> 7 |
| Playing field                       | <input type="checkbox"/> 3 | Outdoor activities centre            | <input type="checkbox"/> 8 |
| Skatepark                           | <input type="checkbox"/> 4 | None of these used since last summer | <input type="checkbox"/> 9 |
| Ice rink                            | <input type="checkbox"/> 5 |                                      |                            |

**This question is about what you do during  
P.E. or Games Lessons at school**

**Q.7 Please tick all the sports you have done at school in your P.E. and games lessons since last summer.**

YOU MAY TICK MORE THAN ONE BOX

(15-18m)

- |                            |                            |                                   |                            |
|----------------------------|----------------------------|-----------------------------------|----------------------------|
| Aerobics                   | <input type="checkbox"/> 1 | Gymnastics                        | <input type="checkbox"/> c |
| Athletics                  | <input type="checkbox"/> 2 | Hockey                            | <input type="checkbox"/> d |
| Badminton                  | <input type="checkbox"/> 3 | Netball                           | <input type="checkbox"/> e |
| Baseball or Rounders       | <input type="checkbox"/> 4 | Outdoor adventure activities      | <input type="checkbox"/> f |
| Basketball                 | <input type="checkbox"/> 5 | Rugby                             | <input type="checkbox"/> g |
| Bowls (not tenpin bowling) | <input type="checkbox"/> 6 | Swimming                          | <input type="checkbox"/> h |
| Cricket                    | <input type="checkbox"/> 7 | Table Tennis                      | <input type="checkbox"/> i |
| Cross country running      | <input type="checkbox"/> 8 | Tennis or short tennis            | <input type="checkbox"/> j |
| Dance                      | <input type="checkbox"/> 9 | Any other sports                  | <input type="checkbox"/> k |
| Football                   | <input type="checkbox"/> a | I don't play sport in lesson time | <input type="checkbox"/> l |
| Golf                       | <input type="checkbox"/> b |                                   |                            |



**The next two pages are about sports that you might play at dinner time or after school with the help of a teacher**

Q.8a) Please tick any sports you have played at dinner time or after school, with the help of a teacher since last summer.

Q.8b) And please tick any sports that you have played at least ten times at dinner time or after school with the help of a teacher since last summer.

	(19-22m)	(23-26m)
	a) Played at least once	b) Played at least ten times
Aerobics	<input type="checkbox"/> 1	<input type="checkbox"/> 1
Athletics	<input type="checkbox"/> 2	<input type="checkbox"/> 2
Badminton	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Baseball or Rounders	<input type="checkbox"/> 4	<input type="checkbox"/> 4
-----		
Basketball	<input type="checkbox"/> 5	<input type="checkbox"/> 5
Bowls (not tenpin bowling)	<input type="checkbox"/> 6	<input type="checkbox"/> 6
Cricket	<input type="checkbox"/> 7	<input type="checkbox"/> 7
-----		
Cross country running	<input type="checkbox"/> 8	<input type="checkbox"/> 8
Dance	<input type="checkbox"/> 9	<input type="checkbox"/> 9
Football	<input type="checkbox"/> a	<input type="checkbox"/> a
-----		
Golf	<input type="checkbox"/> b	<input type="checkbox"/> b
Gymnastics	<input type="checkbox"/> c	<input type="checkbox"/> c
Hockey	<input type="checkbox"/> d	<input type="checkbox"/> d
-----		
Judo/Martial arts	<input type="checkbox"/> e	<input type="checkbox"/> e
Netball	<input type="checkbox"/> f	<input type="checkbox"/> f
Outdoor adventure activities	<input type="checkbox"/> g	<input type="checkbox"/> g
-----		
Rugby	<input type="checkbox"/> h	<input type="checkbox"/> h
Swimming	<input type="checkbox"/> i	<input type="checkbox"/> i
Table Tennis	<input type="checkbox"/> j	<input type="checkbox"/> j
-----		
Tennis or short tennis	<input type="checkbox"/> k	<input type="checkbox"/> k
Any other sport	<input type="checkbox"/> l	<input type="checkbox"/> l
I don't play sport at school outside lesson time	<input type="checkbox"/> m	<input type="checkbox"/> m



**Q.8c) About how often do you take part in sports and physical activities at dinner time or after school with the help of a teacher?**

(27)

PLEASE TICK ONE BOX ONLY

- |               |                          |   |
|---------------|--------------------------|---|
| Every day     | <input type="checkbox"/> | 1 |
| Every week    | <input type="checkbox"/> | 2 |
| Every 2 weeks | <input type="checkbox"/> | 3 |
| Every month   | <input type="checkbox"/> | 4 |
| Less often    | <input type="checkbox"/> | 5 |
| Never         | <input type="checkbox"/> | 6 |

**Q.8d) Since last summer, have you played any sports in a competition or match against another school?**

(28)

PLEASE TICK ONE BOX ONLY

- |     |                          |   |
|-----|--------------------------|---|
| Yes | <input type="checkbox"/> | 1 |
| No  | <input type="checkbox"/> | 2 |

**Q.8e) Why don't you take part in more sports and activities at dinner time or after school with the help of a teacher?**

(29-30m)

PLEASE TICK ANY OF THE BOXES THAT ARE REASONS FOR YOU

- |  |                          |   |
|--|--------------------------|---|
| I don't like playing sports  | <input type="checkbox"/> | 1 |
| I haven't got enough spare time                                    | <input type="checkbox"/> | 2 |
| I'm not good enough at sport                                       | <input type="checkbox"/> | 3 |
| I've never been asked to take part                                 | <input type="checkbox"/> | 4 |
| It's difficult to get home if I stay later after school            | <input type="checkbox"/> | 5 |
| My school doesn't offer any sports outside lesson time that I like | <input type="checkbox"/> | 6 |
| I think I will get hurt  | <input type="checkbox"/> | 7 |
| I already do enough sports outside lesson time                     | <input type="checkbox"/> | 8 |



**This page is about sports that you might play with sports clubs that are not school clubs**

Q.9a) Please tick any sports you have played with a sports club which is not a school club since last summer.

Q.9b) And please tick any sports that you have played at least ten times with a sports club which is not a school club since last summer.

(31-34m)

(35-38m)

	a) Played at least once	b) Played at least ten times
Aerobics	<input type="checkbox"/>	<input type="checkbox"/>
Athletics	<input type="checkbox"/>	<input type="checkbox"/>
Badminton	<input type="checkbox"/>	<input type="checkbox"/>
Baseball or Rounders	<input type="checkbox"/>	<input type="checkbox"/>
-----		
Basketball	<input type="checkbox"/>	<input type="checkbox"/>
Bowls (not tenpin bowling)	<input type="checkbox"/>	<input type="checkbox"/>
Cricket	<input type="checkbox"/>	<input type="checkbox"/>
-----		
Cross country running	<input type="checkbox"/>	<input type="checkbox"/>
Dance	<input type="checkbox"/>	<input type="checkbox"/>
Football	<input type="checkbox"/>	<input type="checkbox"/>
-----		
Golf	<input type="checkbox"/>	<input type="checkbox"/>
Gymnastics	<input type="checkbox"/>	<input type="checkbox"/>
Hockey	<input type="checkbox"/>	<input type="checkbox"/>
-----		
Horse riding	<input type="checkbox"/>	<input type="checkbox"/>
Judo/Martial arts	<input type="checkbox"/>	<input type="checkbox"/>
Netball	<input type="checkbox"/>	<input type="checkbox"/>
-----		
Outdoor adventure activities	<input type="checkbox"/>	<input type="checkbox"/>
Rugby	<input type="checkbox"/>	<input type="checkbox"/>
Swimming	<input type="checkbox"/>	<input type="checkbox"/>
-----		
Table tennis	<input type="checkbox"/>	<input type="checkbox"/>
Tennis or short tennis	<input type="checkbox"/>	<input type="checkbox"/>
Any other sport	<input type="checkbox"/>	<input type="checkbox"/>
-----		
I don't play sport with a club	<input type="checkbox"/>	<input type="checkbox"/>



**Q.9c) About how often do you take part in sports and physical activities with a sports club which is not a school club?**

(39)

PLEASE TICK ONE BOX ONLY

- Every day  1
- Every week  2
- Every 2 weeks  3
- Every month  4
- Less often  5
- Never  6

**Q.9d) Do any of your parents / guardians help out at any of these sports clubs?**

(40)

PLEASE TICK ONE BOX ONLY

- Yes  1
- No  2

**Q.10 This question is about last week. Try and remember what you did on each day last week and tick a box to show how much exercise you did each day.**

PLEASE TICK ONE BOX FOR EACH DAY

	None	About half an hour	About an hour	More than an hour	
How much exercise did you do on Monday?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	(41)
How much exercise did you do on Tuesday?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	(42)
How much exercise did you do on Wednesday?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	(43)
How much exercise did you do on Thursday?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	(44)
How much exercise did you do on Friday?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	(45)
How much exercise did you do on Saturday?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	(46)
How much exercise did you do on Sunday?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	(47)



**Q.11 How much exercise do you think children like you should do to stay healthy?**

PLEASE TICK ONE BOX ONLY

(48)

About 15 minutes every day

 1

About half an hour every day

 2

About an hour every day

 3

More than an hour every day

 4

Don't know

 5

**Q.12 Which sports would you like to be able to take part in more often?**

PLEASE TICK ALL SPORTS THAT YOU WOULD LIKE TO DO MORE OF

(even if you don't play the sport at the moment)

(49-52m)

Aerobics	<input type="checkbox"/> 1	Dance	<input type="checkbox"/> 9	Outdoor adventure activities	<input type="checkbox"/> h
Athletics	<input type="checkbox"/> 2	Football	<input type="checkbox"/> a	Rugby	<input type="checkbox"/> i
Badminton	<input type="checkbox"/> 3	Golf	<input type="checkbox"/> b	Swimming	<input type="checkbox"/> j
Baseball or Rounders	<input type="checkbox"/> 4	Gymnastics	<input type="checkbox"/> c	Table Tennis	<input type="checkbox"/> k
Basketball	<input type="checkbox"/> 5	Hockey	<input type="checkbox"/> d	Tennis or short tennis	<input type="checkbox"/> l
Bowls (not tenpin bowling)	<input type="checkbox"/> 6	Horse Riding	<input type="checkbox"/> e	Any other sports	<input type="checkbox"/> m
Cricket	<input type="checkbox"/> 7	Judo/Martial Arts	<input type="checkbox"/> f	I don't want to do more sports	<input type="checkbox"/> n
Cross country running	<input type="checkbox"/> 8	Netball	<input type="checkbox"/> g		

**Q.13 Have you heard about a sports club called Dragon Sport?**

PLEASE TICK ONE BOX ONLY

(53)

Yes

 1

No

 2

**Q.14 Have you played sport in a Dragon Sport club since last summer?**

PLEASE TICK ONE BOX ONLY

(54)

Yes

 1

No

 2

**Q.15 How often do you go to a sports or leisure centre?**

PLEASE TICK ONE BOX ONLY

(55)

Every day

 1

Every week

 2

Every 2 weeks

 3

Every month

 4

Less often

 5

Never

 6


**Q.16 Why don't you go to a sports or leisure centre more often?**

PLEASE TICK ANY BOXES THAT ARE REASONS FOR YOU

(56-57m)

- It's too far away  1
- I haven't got enough spare time  2
- I don't like playing sport  3
- It's too expensive  4
- I'm not interested  5
- Nobody to go with  6
- No particular reason  7
- I already go to a sports or leisure centre enough  8

**Q.17 Have you heard about the free swimming scheme which allows young people to use swimming pools for free during certain times during the school holidays?**

PLEASE TICK ONE BOX ONLY

(58)

- Yes  1
- No  2

**Q.18 During the last Easter holiday period (in April) did you use the free swimming scheme and go for a swim without having to pay?**

(59)

- Yes  1
- No  2

-----  
If 'No', why not?

(60-63m)

- I did not know about it  1
- I had nobody to go with  2
- I don't enjoy visiting the swimming pool  3
- I can't swim  4
- Other reason (PLEASE WRITE IN) \_\_\_\_\_

**Q.19 During the last Easter holiday period (in April), how often did you use free swimming scheme and go for a swim without having to pay?**

PLEASE TICK ONE BOX ONLY

(64)

- More than once a week  1
- Once a week  2
- Once every 2 weeks  3
- Once a month  4
- Less often  5
- Never  6

**This is the end of the questionnaire - Thank You!**

